

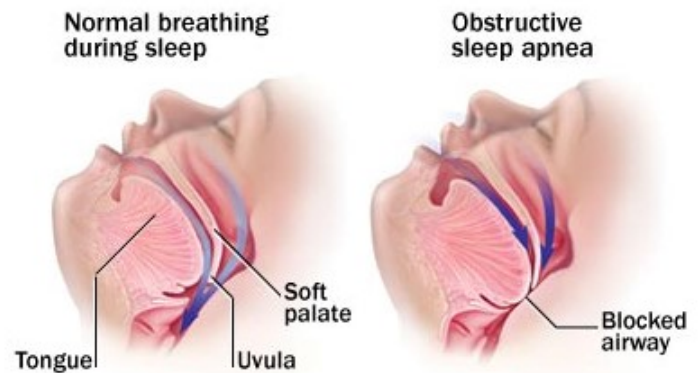


OBSTRUCTIVE SLEEP APNEA (OSA)

Sufferers of OSA stop breathing several times an hour which deprives the brain of oxygen. Each interruption can last 20 seconds or more and can occur hundreds of times a night without the patient even knowing. During each of these episodes, the oxygen in the blood falls to dangerously low levels, raising blood pressure and straining the cardiovascular system.

RISK FACTORS

- Do you have a family history of heart disease or stroke?
- Do you have difficulty controlling hypertension even with medications?
- Is your neck size greater than 17-1/2 inches?
- Are you finding fewer pairs of pants that fit after adding a few extra pounds?
- Have you been told that you sometimes stop breathing during sleep?

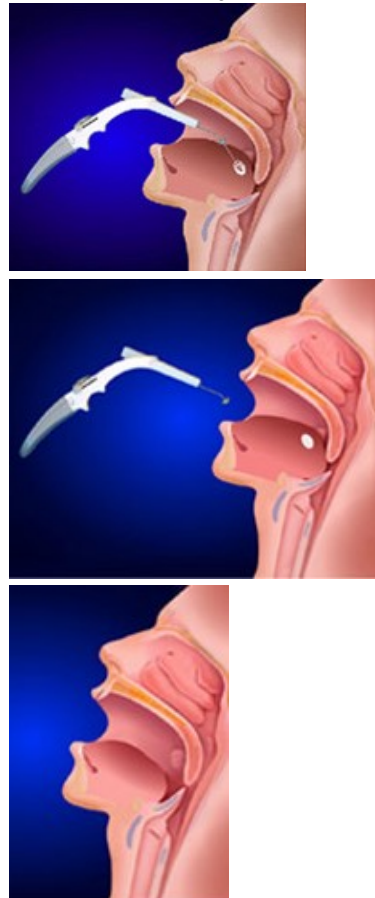


RADIO FREQUENCY TONGUE ABLATION (RFA)

Radio frequency tongue ablation (RFA) is an effective and precise treatment for OSA. RFA is a simple and easy office procedure with a recovery time of 4-5 days, and unlike the CPAP, RFA doesn't require nightly use of a bulky and uncomfortable breathing machine.

How RFA Works

- Radiofrequency energy is delivered beneath the surface layer of the tongue.
- The treated tissue is gently heated enough to create an area of tissue shrinkage.
- Entire treatment time is 2 - 4 minutes.
- Over the next 3 - 8 weeks the treated tissue shrinks, increasing airway space.



BENEFITS

- Less invasive, in-office procedure
- Similar success rate as hospital-based procedures with less recovery time
- No general anesthesia
- Covered by some insurances

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