



PATIENT ALLERGY TESTING INTRUCTIONS

MEDICATION NOT ALLOWED 7 DAYS BEFORE TEST:

- ANTIHISTAMINES (Claritin, Clarinex, Allegra, Benedryl, Zyrtec, Chlortrimeton, Phenergan)
- “PM” MEDICATIONS (Tylenol PM; Advil PM; Excedrine PM)
- COUGH AND COLD TABLETS, CONTACT, DRISTAN, NYQUIL, UNISOM, SOMINEX, THERAFLU, ETC.
- ASTELIN, PATENASE, ASTEPRO, PATENOL, SINGULAIR, PATADAY AND OPTIVAR

MEDICATIONS THAT MAY BE TAKEN PRIOR TO ALLERGY TEST INCLUDE:

NASAL STEROIDS: OMNARIS, RHINOCORT AQ, NASONEX, VERAMYST, NASACORT AQ & FLONASE

OTHER REQUIREMENTS:

- WEAR SHORT SLEVES
- AVOID WEARING LOTIONS OR OILS THE DAY OF THE TEST
- BLOCK 2 HOURS OUT OF YOUR DAY

IF YOU HAVE QUESTIONS REGARDING MEDICATIONS YOU ARE TAKING OR ARE PRESCRIBED, PLEASE CALL US:

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